

Sweatshirt Workshop Checklist



Equipment & Supplies

- One sweatshirt, pre-washed
 - Use set-in sleeve style if you plan to decorate the entire bodice area to the sleeves and shoulder seams
 - If making a cardigan, the sweatshirt should be one size larger than normal (see Zippered Cardigan Supplies, below)
- Sewing Machine in good working order (zipper foot, if making zippered cardigan)
- Normal sewing basket supplies, including pins, scissors, seam ripper, tape measure, 6" ruler, chalk marker or washable marking pen
- Rotary cutter and mat, 6" x 24" ruler
- Variety of fabrics and matching thread
- Decorative threads (optional) and appropriate machine needles
- small scraps of batting for trapunto (optional)
- Paper-backed fusible web and stabilizers
 - Use Heat-n-Bond Ultra, for no-sew appliques
 - Use Heat-n-Bond Light for machine appliques (for satin-stitched or decorative edge stitching)
 - Steam-a-Seam fusible web is also excellent for appliques



Zippered Cardigan Supplies

- Sweatshirt (one size larger than normal; pre-washed)
- One 22" separating zipper (opens and separates at the bottom) for the length of the sweatshirt front
- 3/4 yd woven fabric for zipper trim and bottom facing
- 1 yd lightweight fusible interfacing
- 1 yd stabilizer
- 4" ribbon or cord (optional) for zipper pull
- If following Mary Mulari's pattern¹ with the three triangles:
 - 1/4 yd paper-backed fusible web (see above)
 - 1/4 yd fabric (or less) for each of the three triangle appliques
 - Freezer paper or pattern paper for tracing Triangle Pattern

As Mary says in her directions, you need to consider the sweatshirt size and the zipper. The sweatshirt should fit well and be comfortable with the bottom ribbing removed. This alteration works best with the bottom ribbing removed so the jacket hangs straight when the zipper is worn open. You need to select the zipper length to be closest to or slightly shorter than the length of the sweatshirt.

¹ *More Sweatshirts with Style* by Mary Mulari, page 43, "Zip-Front Cardigan"